SAMPLE DAILY SCHEDULE

7:00-8:30AM Welcome Time Greet each child and help him/her feel comfortable at the Center. A child may enjoy breakfast. Table activities, books and conversation are the main focus of this time.

8:30-9:00 AM Clean Up transition Time

9:00-9:30 AM Toileting is a cleanliness and health learning experience
Snack Time focuses on good nutrition and socializing.

9:30-9:45AM Circle Time- A brief circle time is held to focus on the day’s activities. Each child chooses the learning center where he/she wants to begin the day.

9:45-10:30 AM Learn and Play Time offers a wide variety of educational activities. Through these activities a child discovers, solves problems and forms concepts as he/she participates in the learning experiences.

- Blocks unit blocks, transportation toys and accessories.
- Art and Creative Media-painting, collage, paste, glue, crayons, pencils, markers, scissors, clay, playdough, etc.
- Science Observing, exploring, making discoveries, simple experiments, natural and physical science
- Sociodramatic Area- A place to practice and develop communication and social interactive skills.
- Language & Literacy Area- A print rich center with books, writing materials, signs, puppets and other props to encourage communication and language development.
- Music Area includes a variety of rhythm instruments, tapes, bells and other materials to encourage a child’s musical expression and the expansion of his/her musical knowledge.

Within each class special centers reflecting themes from child initiated interests will also develop

10:30-11:30 AM Outdoor Time is especially for gross motor skill development. Emphasis is on large muscle activities like climbing, playing ball and running. Other experiences available include sandbox, gardening, science activities, creative dramatics and art experiences. (Active indoor experiences are provided during inclement weather.)

11:30-11:45 AM Ready for lunch wash hands and relax in preparation for eating-

11:45-12:30 AM Lunch is a time for socializing while enjoying a nutritious lunch served family style.

12:30-12:45 PM Preparing for Nap Time

12:45-2:30 PM Nap Time

2:30 - 3:00 PM Toileting is a cleanliness and health learning experience
Snack Time focuses on good nutrition and socializing.

3:00 - 3:30 PM Afternoon Learn and Play Time (content details given above in A.M.)

3:30 PM Abbott Full Day Program Ends

3:30-10:00 PM M thru TH ASP Begins – See ASP Schedules